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Basic Nerve Evaluation

A Diagnostic Test for Patients with Frequent Urination, Leaking, Incomplete Emptying of the Bladder and Fecal Incontinence

Bowel Control Issues

Normal bowel control involves both muscles and nerves. If the nerves between the brain and bowel are not communicating correctly, the bowel muscles may not function properly causing bowel control issues (i.e. incontinence).

How Do I Know if my Symptoms are Caused by a Nerve Issue?

The only way to determine if this miscommunication is nerve-related is by performing a Basic Nerve Evaluation. This is a 15-20 minute office-based test. The goal is for you to see at least a 50% improvement in symptoms. If achieved, we can then make a decision what the next course of treatment will be.

What is the Basic Nerve Evaluation?

The Basic Nerve Evaluation consists of placing hair thin catheters next to the tailbone (easily accessible) which gently stimulate the nerves that control your bowel.

My Bowel Diary

It's important to establish a baseline for your bowel symptoms, so you'll be keeping a bowel diary over the next 5-7 days. Please make sure to bring this bowel diary with you on your test date.

Disclaimer: This document contains information and/or instructional materials developed by Blair Gastroenterology Associates for the typical patient with your condition. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition, or your treatment plan.