



810 Valley View Blvd. Altoona, PA 16602 (814) 946-5469

CLEAR LIQUID DIET

All of the follow that are **not** colored red or purple:

7-Up
Ginger ale
Coke
Coffee with sugar, **NO** cream
Tea with sugar, **NO** cream
Gatorade (Lemon/Lime drink)
Clear grape juice
Apple juice
Juice from can fruits
Jell-O, plain
Soup broths
Water
Popsicles
Italian ice
Cranberry juice

**PLEASE DO NOT EAT ANY SOLID FOODS WHILE FOLLOWING THIS DIET!!!
NO ALCOHOLIC BEVERAGES OF ANY KIND.**

Disclaimer: This document contains information and/or instructional materials developed by Blair Gastroenterology Associates for the typical patient with your condition. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition, or your treatment plan.