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## **Clenpiq Prep Instructions**

- Your colonoscopy is scheduled on: \_\_\_\_\_
- Follow these instructions for the colonoscopy prep:
  - Stay on clear liquids all day the day before your procedure
  - At 3 p.m. the day before your procedure, take two Dulcolax tablets (5 mg. each)
  - At 5:00 p.m. the day before your procedure, drink one entire bottle of Clenpiq.
  - Follow with five 8 ounce drinks of clear liquids, taken at your own pace, within the next five hours.
  - 7 Hours before your scheduled procedure – drink second entire bottle of Clenpiq.
  - Follow with three 8 ounce drinks of clear liquids, taken at your own pace, over the next 2 hours. You must have completed these three 8 oz. glasses 5 hours before procedure arrival time.
  - You may continue on the clear liquids until 5 hours prior to the time you report for your exam.
- You are allowed to take your medications with a small sip of water. Follow separate medications instruction sheet.
- Sometimes it can take a few hours to start moving your bowels after drinking the prep.

Disclaimer: This document contains information and/or instructional materials developed by Blair Gastroenterology Associates for the typical patient with your condition. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition, or your treatment plan.